"I continue to feel a level of anxiety/tension within our communities due to the number of lockdowns we have had, the loss of employment, the negative impact on relationships, loss of supports, accommodation, inability to cope & negative impact on mental health."

"I am very wary of others around me if they are sick or show signs of being sick, I keep myself at home

as much as I can in fear of

contracting the virus."





"Jobs are increasingly harder to secure, food prices have gone up, my community is in turmoil since the homeless and needy have been housed in local motels, there is a lot more police presence in the community."

"I stopped eating so much because food is really expensive and it is stressful to meet the rent."



## AMPLIFIED POVERTY



"Community gardens for sustainable food sources would be good."



"More mental health services! ...online webinars around managing wellbeing."

Community Think talked with people in Tamaki Makaurau Auckland about their experiences of Covid-19. These are the key themes that emerged from these conversations.



'A place away from

home that could

enable remote study

or work."

"Somehow there is

less pressure from

work now, maybe

we realised we

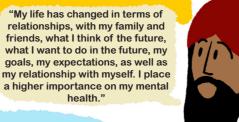
worked too hard

before, for what?"

"For students the world changed quickly and it wasn't always possible to do work if there was no device, internet or a power outage."

CHANGING WORK + STUDY CONDITIONS





"I would like to see more support for my South Auckland community and to discard the stigma in which we have had to endure of being criminalised and deemed uneducated. There are people here in low socio-economic living standards who have to sacrifice their education in order to work and make up for the financial situations that COVID-19 has amplified"



"Financial hardship,

market instability brings to

light the need to be flexible

in how and when we

operate, in work or study"

"Safe spaces facilitated by women of colour to share our experiences and our voices to be heard by the government and the public'



INCREASED MARGINALISATION

INCREASED MENTAL STRESS

& HEALTH ANXIETY



"My community feels a bit disjointed and disconnected ... but now everyone is back to their own lives. Neighbours are not supporting neighbours anymore."



"Events where people can meet and share stories, skills and knowledge. It would be great to have events where you didn't have to travel long distances."





"I have never been so hyper aware of my 'race'. Hyper vigilant around public spaces, avoiding eye contact and making sure I never cough in fear of being called a 'China Virus' or to go back to your country."

